



























SEPTEMBER 2018



LIMESTONE LODGE MEMORY CARE

256.232.1213 | www.LimestoneLodgeAL.com

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|---|--|---|--|---|
| Food: Apples  | FUN:  Fall Hat Month | Health Topic: Healthy Aging Month  | Celebration: National Assisted Living Week-Sept. 9-15 |  | | 1 Bacon Day BLT's for Lunch  |
| 2 Coconut Day  | 3 10am Sittercise & Bingo Coconut Pie For Dessert LABOR DAY  | 4 10am Sittercise and Nature Walk Wildlife Day  | 5 Days of Charity 10am Bro. Doug and Bible Jingo | 6 10am Sittercise Pattern Blocks on Boards  | 7 Grandma Moses Day  10am Bro. Leon | 8 Drive Your Studebaker DAY!  |
| 9 Grandparents Day "Moment of JOY" Photos with Grandkids National Assisted Living Week Sept 9-15 | 10 "Moment of Pride" 2pm Recognition Certificates of years in our community presented by Mayor Ronnie Marks | 11 "Moment of Reflection" 2pm Lemonade Social & Reminiscing  | 12 "Moment of Gratitude" 1pm Employee Appreciation Luncheon Attitude + Gratitude  | 13  "Moment of Celebration" 5:30pm Family Night Spaghetti Supper & Bingo | 14 "Moment of Connection" 10am-2pm Open House with Community Partners 2pm Line Dancers | 15 "Moment of Laughter" Silly Picture Moments  |
| 16 Clean Hands Week  | 17 10am Sittercise Bingo with Country Music  | 18 10am Sittercise Cheeseburger Day  | 19 10am Bro. Doug and Bible Jingo | 20 10am Flu Shots 2pm Celebrating Mr. Queen's Birthday HAPPY BIRTHDAY! | 21 10am Bro. Leon World Alzheimer's Day Wear Purple  | 22 FALL Prevention Awareness Day!  |
| 23 Day of Worship  | 24 Harvest Moon  10am Sittercise and Bingo | 25 10am Sittercise and Adult Coloring | 26 10am Bro. Doug and Bible Jingo | 27 10am Sittercise Chocolate Milk Day  | 28 10am Bro. Leon Mildred's for Lunch  | 29 International Coffee Day  |
| 30 I ♥ MY CHURCH | Birthdays: 20 th - Mr. Queen |  | |  | FLU SHOTS: Thursday, September 20th at 10 AM | |

SEPTEMBER 2018



LIMESTONE LODGE ASSISTED LIVING

256.233.1224 | www.LimestoneLodgeAL.com

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|--|--|--|--|--|
| Food: Apples  | FUN:  Fall Hat Month | Health Topic: Healthy Aging Month  | Celebration: National Assisted Living Week-Sept. 9-15 |  | 1 Bacon Day BLT's for Lunch  | |
| 2 Coconut Day  | 3 LABOR DAY  11am Sittercise & Trivia Coconut Pie for Dessert 2:30pm Bingo | 4 Wildlife Day  11am Sittercise & Trivia 2:30pm Rummi kub | 5 11am Bro. Doug 2:30pm BibleJingo | 6 11am Sittercise & Trivia 2:30pm Word Search | 7 11am Bro. Doug Grandma Moses Day  | 8 Drive Your Studebaker DAY!  |
| 9 Grandparents Day "Moment of JOY" Photos with GrandKids National Assisted Living Week Sept 9-15 | 10 "Moment of Pride" 2pm Recognition Certificates of years in our community presented by Mayor Ronnie Marks | 11 "Moment of Reflection" 2pm Lemonade Social & Reminiscing  | 12 "Moment of Gratitude" 1pm Employee Appreciation Luncheon  Attitude + Gratitude | 13  "Moment of Celebration" 5:30pm Family Night Spaghetti Supper & Bingo | 14 "Moment of Connection" 10am-2pm Open House with Community Partners 2pm Ms. Barbara Pugh's Birthday Celebration | 15 "Moment of Laughter" Silly Picture Moments  |
| 16 Clean Hands Week  | 17 11am Sittercise and Hand Washing Trivia 2:30pm Bingo with Country Music | 18 Cheeseburger Day  11am Sittercise & Trivia 12 noon Cheeseburgers 2:30pm Rummi kub | 19 11am Bro. Doug 2:30pm BibleJingo  | 20 10am Flu Shots  11am Sittercise & Trivia 2:30pm Word Search | 21 Wear Purple! World Alzheimer's Day 11am Bro. Doug  | 22 FALL Prevention Awareness Day!  |
| 23 Day of Worship  | 24 Harvest Moon 11am Sittercise & Trivia 2:30pm Bingo  | 25 11am Sittercise & Trivia 2:30pm Rummi kub | 26 Apple Pie Day  11am Bro. Doug Apple Pie For Dessert 2:30pm Bible Jingo | 27 Chocolate Milk Day 11am Sittercise & Trivia 2:30pm Word Search & Chocolate Milk  | 28 11am Bro. Leon 2:30pm Presentation Healthy Aging  | 29 International Coffee Day  |
| 30 I ♥ MY CHURCH | Birthdays: 14 th Barbara Pugh |  | FLU SHOTS: IVStat will be giving flu shots at 10am on Thursday, Sept. 20 th |  | | |